

4.5.0.

recovery
center

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recovery center

In military terminology, the code '4.5.0.' signifies "ALL IS QUIET".

This name conveys the fundamental reassurance that individuals in need of help and medical intervention seek to hear - **"RELAX – EVERYTHING WILL BE FINE!"**



The number "5" is depicted as an upward arrow, symbolizing that at the center, visitors are assisted in "rising," solving problems, feeling uplifted, and experiencing growth in strength and possibilities.



The number "0" is associated with a survey icon, signifying that each center visitor has their own history, unique characteristics, medical aspects, preferences, wishes, and possibly certain taboos. It's a questionnaire where all individual aspects of each visitor are taken into account. Unlike a hospital where the focus is solely on diagnoses and their solutions, we prioritize people! Their stories, perspectives, and thoughts matter.

PROJECT IDEA

A center for comprehensive health restoration, psychological well-being, and further self-realization of military personnel and individuals affected by war.

It is the only center of this kind in the Transcarpathian region.

We have the best neurosurgery and physical rehabilitation doctors in Ukraine.

Multidisciplinary rehabilitation assistance is provided.

We offer socialization, psychological support, and adaptation.

We feature an operating ADC (Administrative Services Center).

Multidisciplinary rehabilitation assistance includes work with:



Prosthetics;

Pathologies of the spinal and cranial nerves;

**Skeletal injuries and pathologies of the
musculoskeletal system;**

Burns;

Amputations;

Cardiorespiratory pathologies.

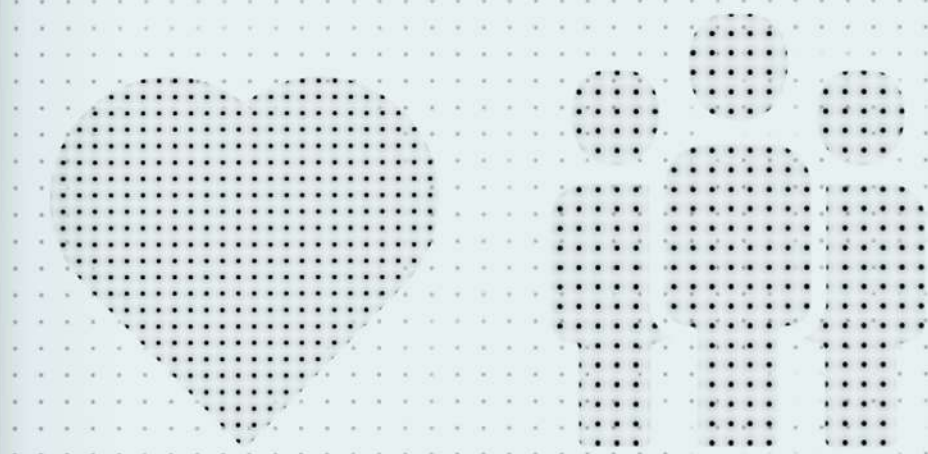
Our goal

is to make the Center a place where the patients feel safe, convenient, calm, and confident at every point of contact with the Center.

We aim for it to be a center with powerful experts who don't waste time and take on the most challenging tasks to ensure a comfortable environment inside. We focus on minimizing the 'hospital' feeling considering all aspects of inclusivity and potential physical limitations of the Center's visitors.

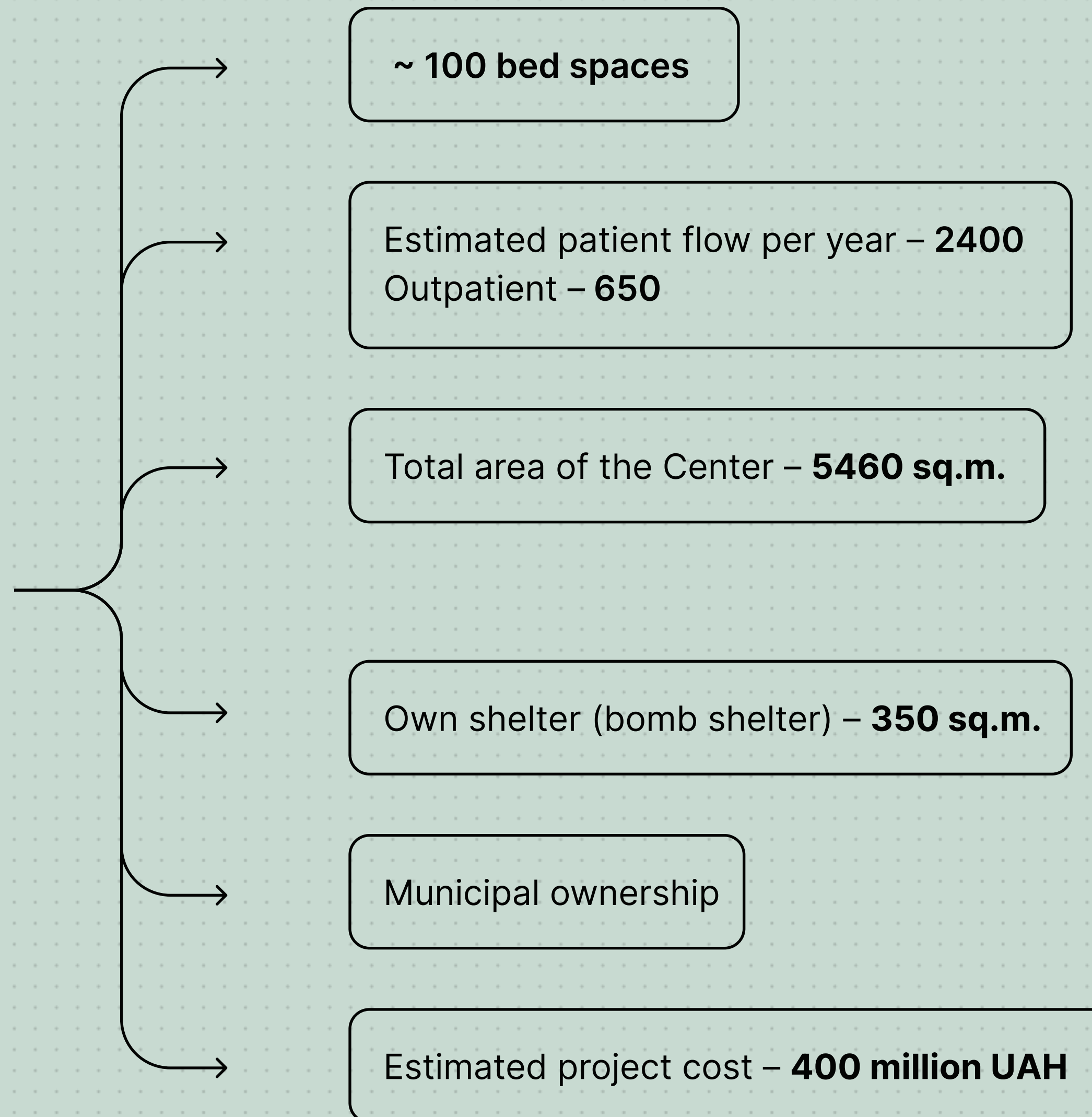
**CENTER
IS CREATED
BY PEOPLE
FOR PEOPLE!**

4.5.0. recovery
center



4.5.0.

recovery
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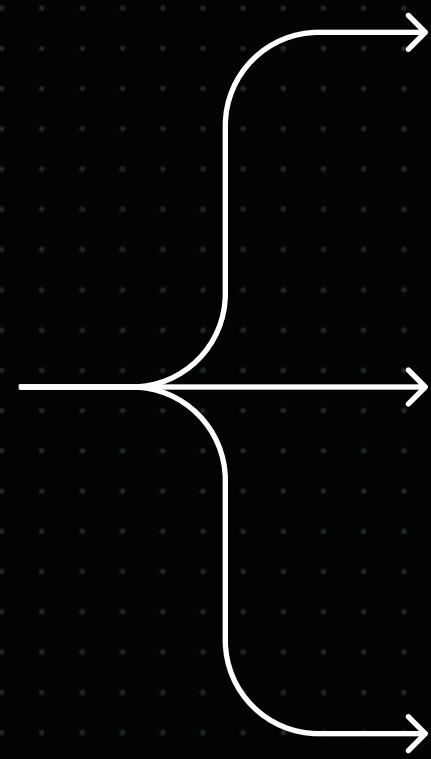
Implementation status:

**FINAL STAGE
OF DESIGN**

Center launch:

END OF 2025

**For whom
is this
Center:**



Military personnel

Families of military personnel

Civilians affected by war

CENTER LOCATION:

📍 Transcarpathian region,
Uzhgorod City

Geographical location as an advantage.

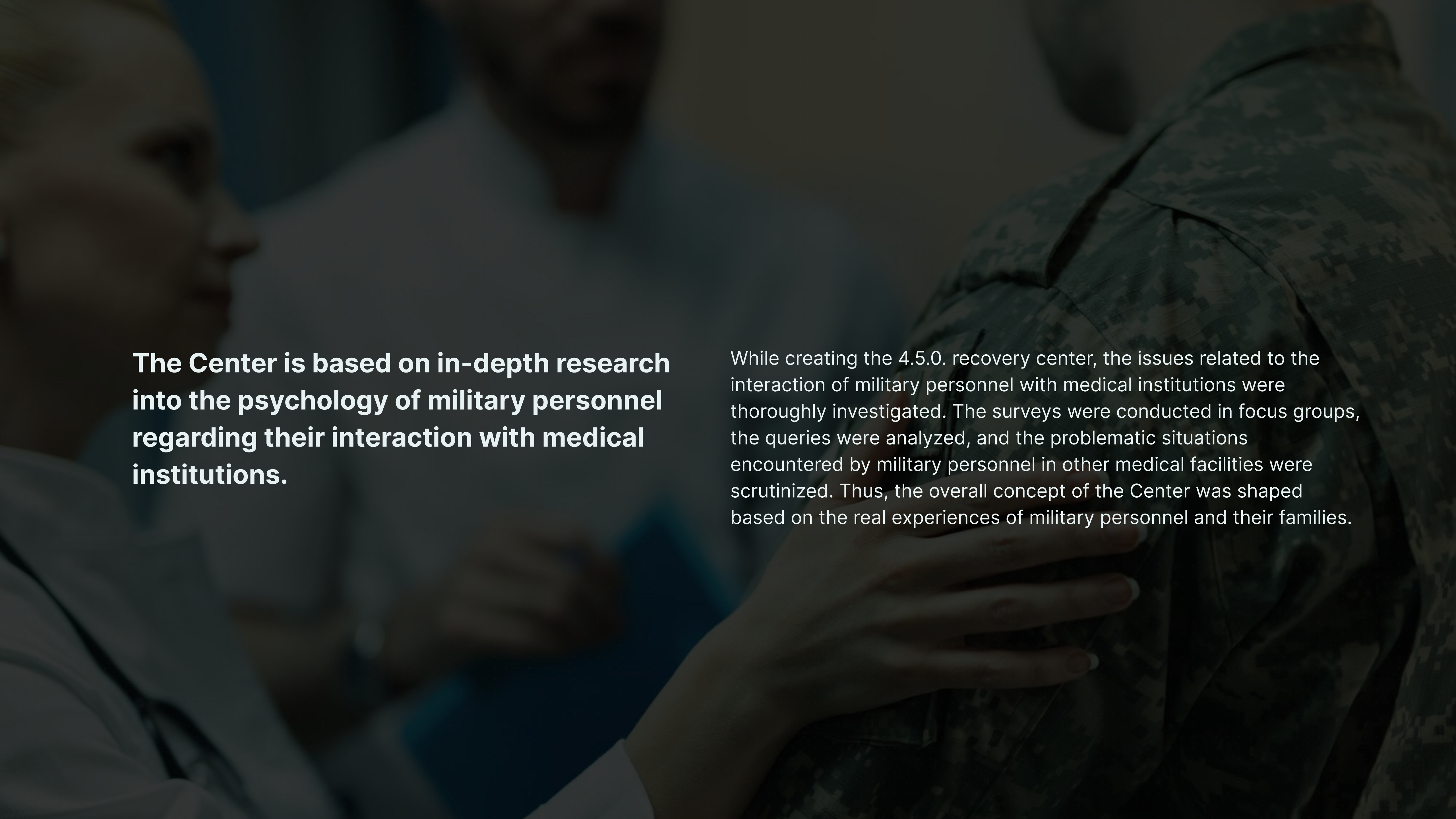
The recovery center is:

Located in the area of Ukraine most remote from active combat zones, resulting in fewer air raid alerts and, consequently, lower levels of anxiety regarding personal safety and triggering factors.

Is based in the recreational region with robust recovery opportunities: in close proximity to balneological centers with thermal and mineral waters, mountain air, and locations for mental restoration such as ski resorts, fishing spots, rafting, etc.

Is neighboring European countries, which provides a quick exchange of specialists, the possibility of gaining experience from European model medical centers, and participation in European rehabilitation programs.

Can cooperate with a large number of local and relocated businesses within Transcarpathia willing to provide employment opportunities and training facilities for skill development.



The Center is based on in-depth research into the psychology of military personnel regarding their interaction with medical institutions.

While creating the 4.5.0. recovery center, the issues related to the interaction of military personnel with medical institutions were thoroughly investigated. The surveys were conducted in focus groups, the queries were analyzed, and the problematic situations encountered by military personnel in other medical facilities were scrutinized. Thus, the overall concept of the Center was shaped based on the real experiences of military personnel and their families.

THE ADVANTAGES OF THE CENTER ARE:



The concentration of a maximum range of recovery services within one center.

The best neurosurgery and physical rehabilitation doctors in Ukraine.

Integration of the center's capabilities with the recreational opportunities of Transcarpathia.

Provision of psychoemotional support to veterans by the functioning of veteran hubs directly at the Center's location.

A functioning ASC, providing information on self-employment and support programs for those seeking personal realization after the recovery period.

Socialization, formation of military brotherhood, psychological support, and adaptation for anyone in need.

The area in Ukraine most remote from active combat zones.

THE ADVANTAGES OF THE CENTER ARE:



A visual concept of the Center, which is a building resembling more of a counseling and support center than a hospital, as well as a non-intimidating interior, hostesses at the entrance, symbolic gifts to each individual upon completion of treatment, etc.

Addressing one of the important issues for the wounded (according to feedback and research), which is the availability of outdoor recreation space near the center and proximity to recreational areas and various leisure bases where the individuals can change the scenery and distract themselves from the healing process during the post-acute rehabilitation period.

The availability of space within the center for organizing diverse events and quality leisure. Sometimes recovery can be lengthy, and thus, people can spend their time engagingly, distracting themselves, and breaking the routine with events.

МІСЦЕ СИЛИ І СТАНОВЛЕННЯ

NB!

Rehabilitated patients or family members of military personnel, if they wish, will have the opportunity to be employed at the «4.5.0. recovery center».

PROJECT «4.5.0 RECOVERY CENTER»

is a part of the network of modern
Ministry of Health Centers across
regions in Ukraine.



**МІНІСТЕРСТВО
ОХОРОНИ
ЗДОРОВ'Я
УКРАЇНИ**

THE CREATION OF THE "4.5.0 RECOVERY CENTER" PROJECT HAS ALREADY BEEN SUPPORTED BY:

Czech communities:

Vysočina Region, Pardubice Region, Ústí nad Labem Region,
Moravian-Silesian Region, Kralovehradecký Region

Government of Hungary

Ajax Systems Company





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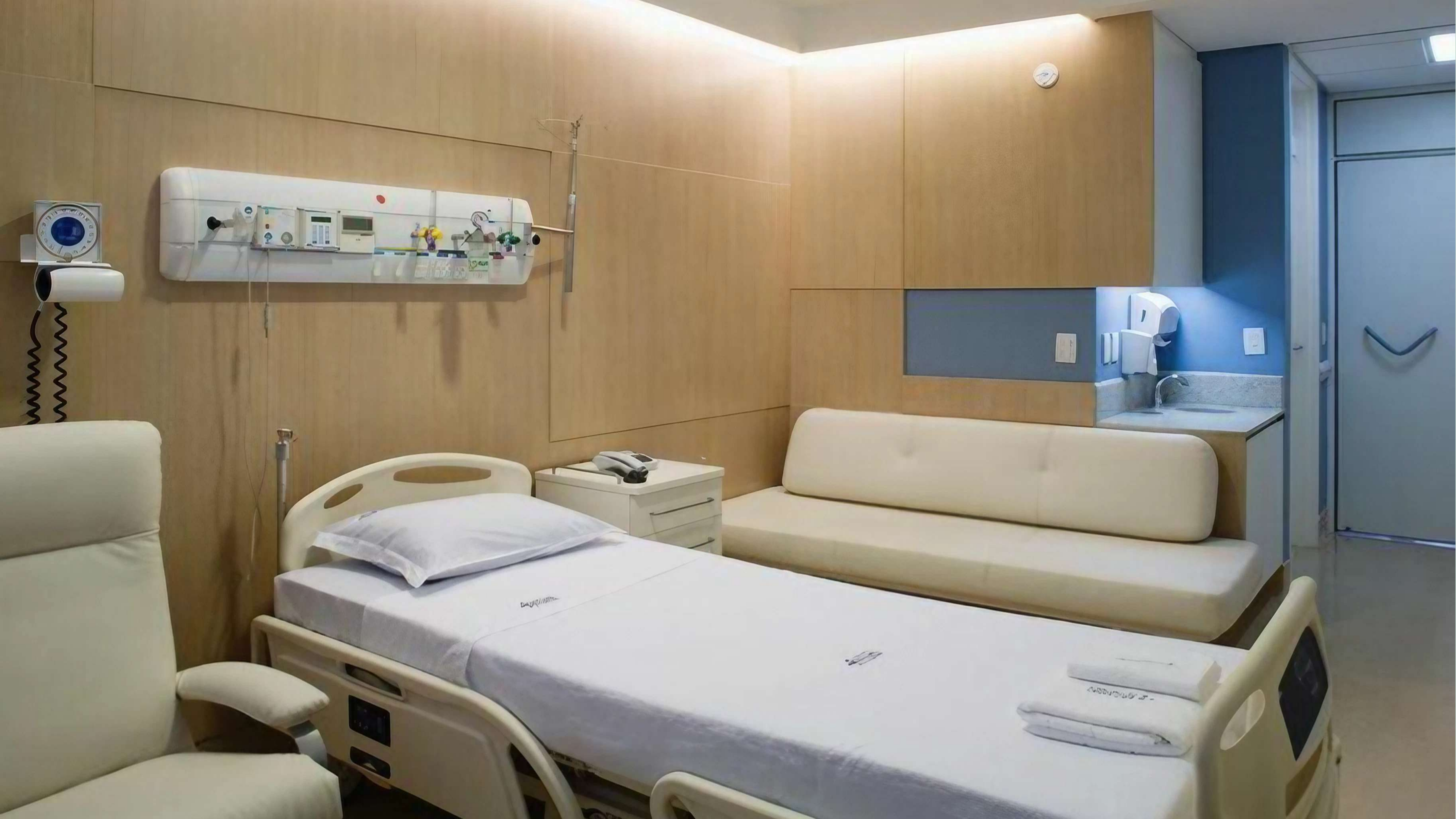






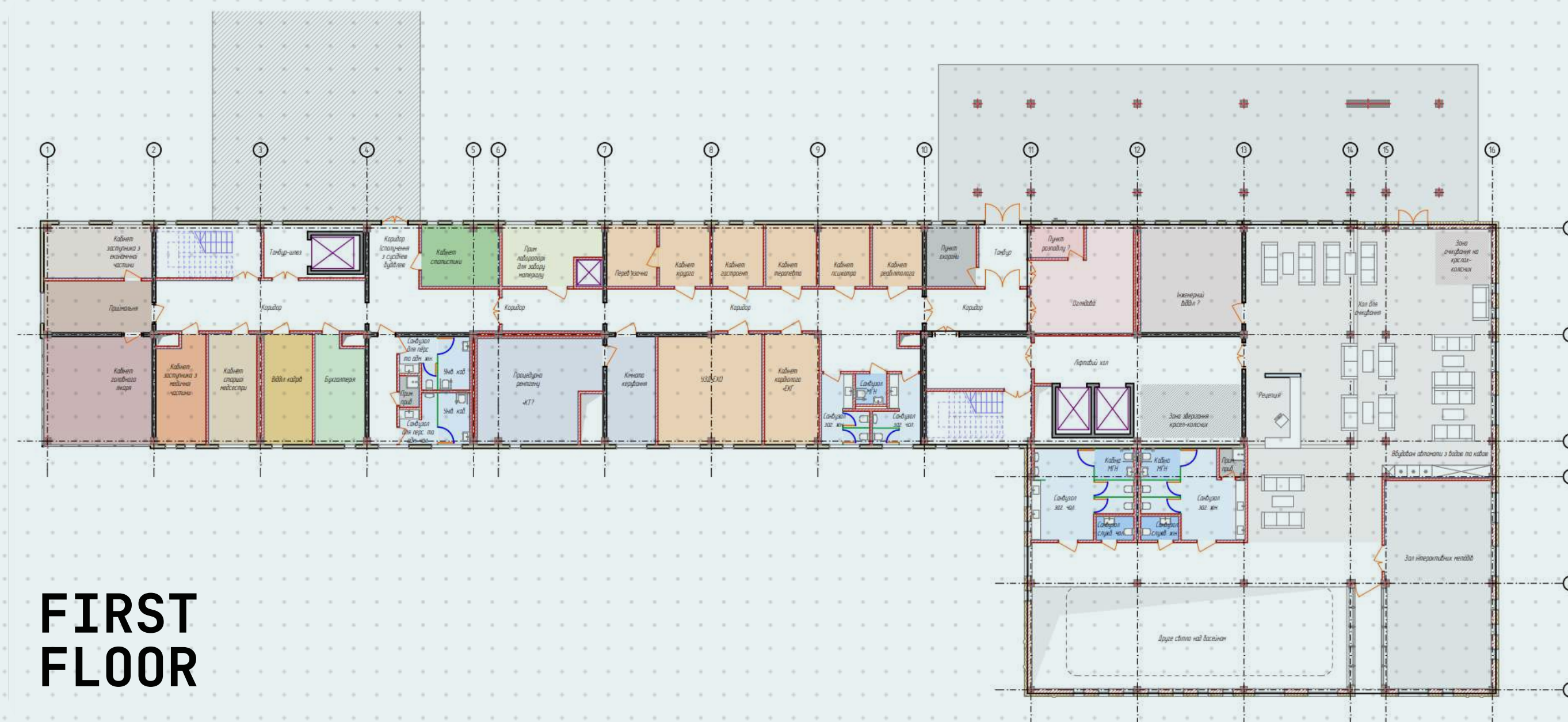




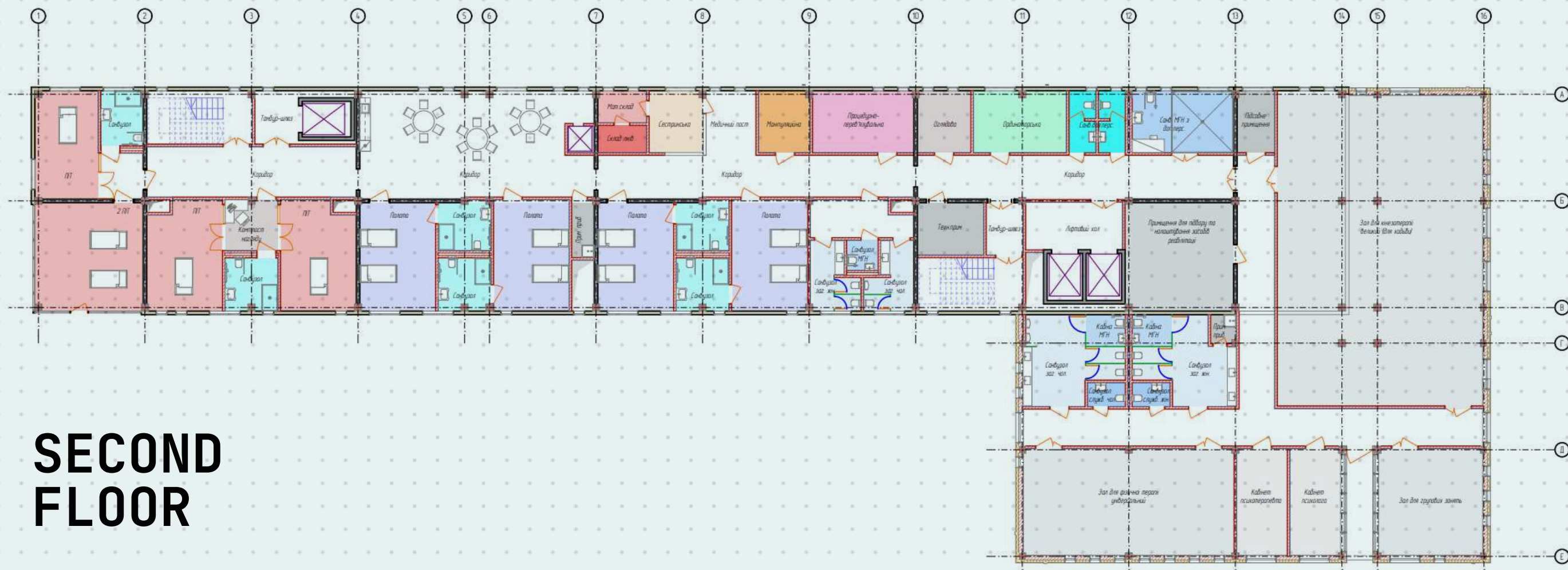




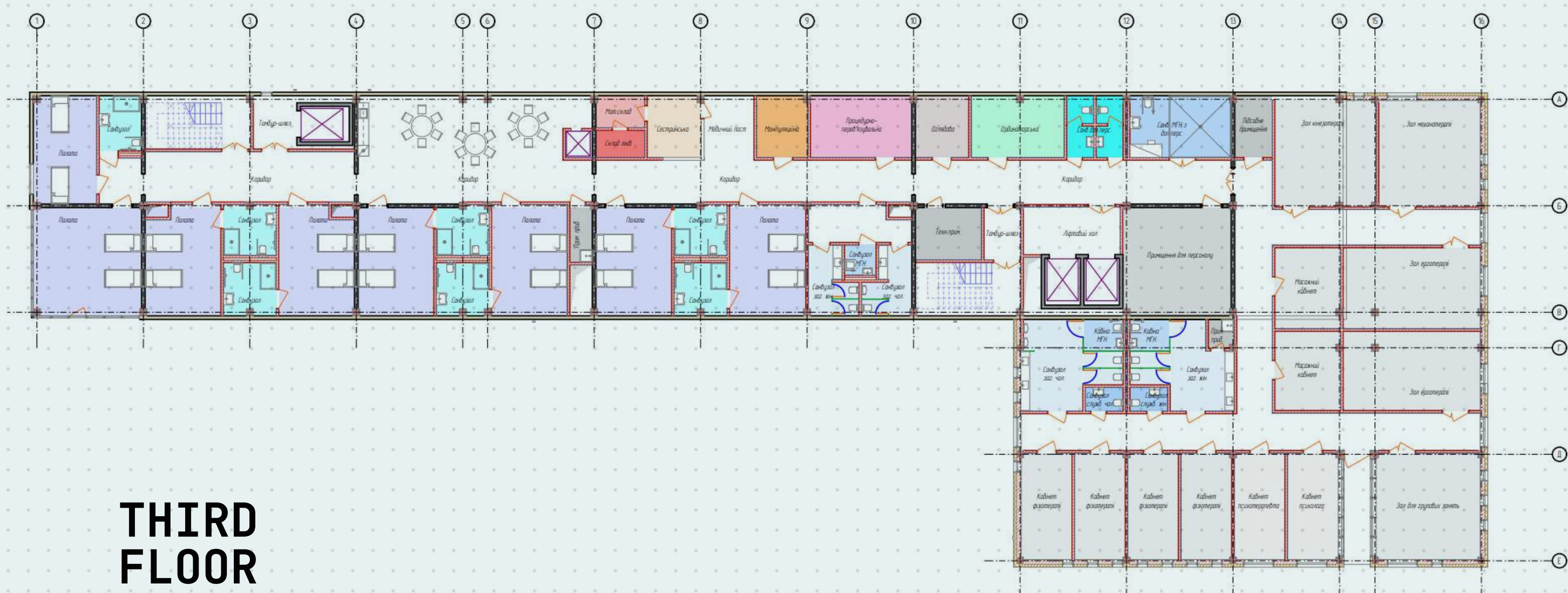
**GROUND
EFLOOR**



**FIRST
FLOOR**



SECOND FLOOR



THIRD FLOOR



FOURTH FLOOR



FIFTH AND SIXTH FLOOR

TECHNICAL FLOOR





Supporting the project

Supporting the project means supporting thousands of Ukrainians and giving them a chance for complete recovery and a quality life after injuries and psychological traumas.